



A GROWING NUMBER OF EDUCATORS ARE TEACHING STUDENTS ABOUT A "GROWTH MINDSET," THAT THEIR INTELLIGENCE IS NOT "FIXED," RATHER IT CAN BE GROWN AND DEVELOPED THROUGH USING NEW STRATEGIES, SEEKING HELPFUL INPUT, AND DEMONSTRATING PERSEVERANCE.

YET, THE IRONY IS THAT WHILE WE TEACH OUR STUDENTS TO HAVE A GROWTH MINDSET, AS TEACHERS, WE MAY MODEL A FIXED MINDSET IN OUR OWN TEACHING AND LEARNING.

BELOW ARE 7 TEACHER SAYINGS THAT MAY MODEL A FIXED MINDSET:

I'm Not Good With Technology
More Of This:

I know that technology is always updating, and I'm choosing to do the same thing.

If the technology can help my students' learning, then I need to continually take risks in learning how to use it.

#1

less Of This:

## That Student Is Lazy

**More Of This:** 

I believe that all students can be motivated, and it's my profession to discover how.

I'm dedicated to trying new ways each day to motivate all students, even the most challenging.

Less Of This:

## That Family Doesn't Care

**More Of This:** 

I'm working hard to learn the realities this family faces that I may be unaware of.

I'm trying creative ways to connect with this family, as I know how important teacher-family collaboration is for a child's academic growth. #3



less Of This:



## I Just Figured This Out, & Now We're Changing It?

**More Of This:** 

I know that change is inevitable, and it's essential to be a flexible professional.

I'm teaching my students to be flexible lifelong learners, and I need to model this when school changes occur.

#4

less Of This:

## If That Student Wastes My Time, I'll Waste Theirs

**More Of This:** 

Taking away recess does not address nor teach solutions to a student's time management issues.

Some children struggle with self-management skills. It's my job to teach specific strategies to support this learning.

#5





